

March 27, 2020

Coronavirus/COVID-19: Resources and Recommendations

Relo Japan places a high priority on the health and safety of all our team members, our clients, and their employees moving to Japan. The below information is provided on a voluntary basis and we do not officially endorse any of the listed websites or medical facilities.

Information and News in English

- ❑ Tokyo Metropolitan Government
Information on the Coronavirus disease (COVID-19) and about the COVID-19 Call Center Hotline
https://www.metro.tokyo.lg.jp/english/topics/2020/0128_00.html

The COVID-19 Call Center Hotline (0570-550-571)
 - Available languages: Japanese, English, Chinese, Korean
 - Hours: 9:00 AM to 9:00 PM (including weekends and holidays)
 - Information provided: Measures to prevent infection, what to do if you develop concerning symptoms, general advice regarding the Coronavirus (COVID-19)

- ❑ Japanese Ministry of Health, Labor and Welfare
Latest information and updates on COVID-19 from the Japanese government
https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html

- ❑ World Health Organization
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/>

- ❑ NHK World News (English)
<https://www3.nhk.or.jp/nhkworld/en/news/>

- ❑ Japan Times
<https://www.japantimes.co.jp/>

- ❑ Japan Today
<https://japantoday.com/>

Medical Assistance for Foreign Residents

The following clinics and hospitals are designated facilities for dealing with Coronavirus patients. Please be sure to call in advance for advice on how to arrange a consultation.

- ❑ **Hiroo International Clinic**
<http://www.hiroo-ic.com/index.html>
Phone: 03-5789-8861
Address: 4-14-6 Minamiazabu Minato-ku, Tokyo
Hours: Monday – Friday 9:00 AM to 12:00 PM
1:00 PM to 5:30 PM
Saturday 9:00 AM to 1:00 PM



Specialization: Internal and general medicine, vaccinations, health checkups, minor surgery
Appointments: By telephone only. For consultations on a Saturday afternoon, Sunday, or outside of other scheduled hours, advance reservation by phone required.

Note: This clinic is a medical facility aimed at serving the needs of foreigners living or visiting Japan. It has doctors licensed in both the United States and Japan with extensive experience providing healthcare services in English and Japanese.

❑ **Tokyo Medical and Surgical Clinic**

<https://tmisc.jp/>

Phone: 03-3436-5024

Address: 32 Shiba koen Building 2F, 3-4-30 Shiba-koen, Minato-ku, Tokyo

Hours: Monday – Friday 9:00 AM to 4:30 PM
Saturday 9:00 AM to 12:00 PM

Specialization: Family practice, special consultations, vaccinations, lab work, colonoscopy, minor clinical procedures, pharmacy, travel medicines, emergency facilities
Appointments: Reservation by telephone is required.

Note: English speaking staff and doctors. Patients who are at risk for Coronavirus must make an appointment for after 3:30 PM to reduce the risk of cross contamination.

❑ **American Clinic Tokyo**

<https://www.americanclinetokyo.com/>

Phone: 03-6441-0969

Address: No. 1 Niikura Building 3F, 1-7-4 Akasaka, Minato-ku, Tokyo

Hours: Monday – Friday 9:00 AM to 12:00 PM
3:00 PM to 6:00 PM

Specialization: General medicine, psychiatry, and wellness
Appointments: Either by phone or send email to info@americanclinetokyo.com

Note: English speaking staff and doctors.

❑ **St. Luke's International Hospital**

<http://hospital.luke.ac.jp/eng/>

Phone: 03-5550-7120

Address: 9-1 Akashi-cho, Chuo-ku, Tokyo

Hours: Various (general hospital with emergency room)

Specialization: Nearly all conditions treated
Appointments: The hospital has an appointment system. Patients without appointments may not be able to see a physician on the day of their visit. Patients are required to bring a referral letter from a local clinic and call the service desk hotline (phone number above) to arrange for an appointment.

Note: Some English-speaking staff and doctors. One of the designated facilities in Tokyo for Class II Infectious Diseases (i.e.: COVID-19).

❑ **Japanese Red Cross Medical Center**

<http://www.med.jrc.or.jp/en/tabid/393/Default.aspx>

Phone: 03-3400-1311

Address: 4-1-22 Hiroo, Shibuya-ku, Tokyo

Hours: Various (general hospital with emergency room)

Specialization: Nearly all conditions treated



Appointments: The hospital has an appointment system. Patients without appointments may not be able to see a physician on the day of their visit. Patients are required to bring a referral letter from a local clinic and call the service desk hotline (phone number above) to arrange for an appointment.

Note: Some English-speaking staff and doctors. One of the designated facilities in Tokyo for Class II Infectious Diseases (i.e.: COVID-19).

□ **Toranomon Hospital**

<https://www.toranomon.gr.jp/global/>

Phone: 03-3588-1111

Address: 2-2-2 Toranomon, Minato-ku, Tokyo

Hours: Various (general hospital with emergency room)

Specialization: Nearly all conditions treated

Appointments: The hospital has an appointment system. Patients without appointments may not be able to see a physician on the day of their visit. Patients are required to bring a referral letter from a local clinic and call the service desk hotline (phone number above) to arrange for an appointment.

Note: English speaking staff and doctors. One of the designated facilities in Tokyo for Class II Infectious Diseases (i.e. COVID-19).

□ **Yokohama City Minato Red Cross Hospital**

<http://www.yokohama.jrc.or.jp/en/>

Phone: 045-628-6100

Address: 3-12-1 Shinyamashita, Naka-ku, Yokohama

Hours: Various (general hospital with emergency room)

Specialization: Nearly all conditions treated

Appointments: The hospital has an appointment system. Patients without appointments may not be able to see a physician on the day of their visit. Patients are required to bring a referral letter from a local clinic and call the service desk hotline (phone number above) to arrange for an appointment.

Note: Some English-speaking staff and doctors. Patients who visit for the first time will be required to bring a referral form from a local clinic, and appointments must be booked in advance by phone.